

Living Professional Ethical Commitments in Practice

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The following discussion questions are provided as an additional educational tool to accompany this fireside chat video. Please feel free to select the questions that are most relevant to your committee or group, revise and adapt them as needed, etc. As always, we welcome feedback on this or any other NSHEN resource.

Questions:

- Dr. Dhara mentions that she, as a provider, experienced discrimination from a patient. Imagine yourself in a similar situation. Discuss how you would balance your personal values and professional commitments.
- How might system level structures support people working within the system and help them enact their professional commitments in ways that are consistent with their other values?
- What are some of the system-level structures that act as facilitators and barriers to health care providers' ability to fully enact their ethical commitments in their work?
- Discuss the importance of self-reflection among health care providers about how they practice and why they practice that way
- In your experience, what are the things that can help spur self-reflection among health care providers?
- The video mentions the importance of being able work through some of the systemic issues that may cause uneasiness among health care providers. In your opinion, how might debriefing help individual health care providers to enact their ethical commitments?
- Dr. Dhara suggests that medical trainees should be given more opportunities to work in a community where there is less formal structure to navigate the ethical issues. Do you agree? Can you think of other ways that may be effective in helping trainees developing a strategy for managing ethical issues in practice?
- Dr. Dhara mentions that medical practice is often imperfect, both clinically and ethically. How can we usefully acknowledge this imperfection while also striving to improve?

Resources

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Fiona Hilton. The reflective physician: Models to assist effective self-reflection. SPPP. The Royal Australasian College of Physicians. <https://www.racp.edu.au/docs/default-source/resources/the-reflective-physician--models-to-assist-self-reflection.pdf?sfvrsn=6>

Lyne Ménard, and Savithiri Ratnapalan. Reflection in medicine: Models and application. Canadian Family Physician, (2013) 59(1): 105-107. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3555667/>
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<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2744764/>

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<https://www.medscape.com/features/slideshow/public/ethics2012#2>

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<https://www.tandfonline.com/doi/pdf/10.1080/17449642.2016.1145496>

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