

It's complicated: A podcast about Healthcare Ethics in Practice
Series 5, Episode 2: Ethics and Goals of Care

Host for this episode: Marika Warren

Guests: Lisa Weatherbee and Sarah Manley

DISCUSSION QUESTIONS

- How can health care providers prevent their own biases from influencing the patient's decisions around goals of care?
- How might you help patients identify their values and preferences?
- In the podcast they talk about the importance of identifying and documenting Goals of Care and Level of Interventions in many different situations and that it should not be limited to end-of-life. In your opinion, when should conversations about Goals of Care take place?
- Discuss different ways to make people (health care providers, patients and families) more comfortable talking about their values and preferences to help determine Goals of Care and Levels of Interventions. How do we 'normalize' these conversations?

RESOURCES

The resources shared in this podcast were developed collaboratively by the **Nova Scotia Health Palliative Care Network**, the **Integrated Acute and Episodic Care Network**, and the **Interprofessional Practice and Learning Team**. This partnership ensured a comprehensive and inclusive approach to supporting care across settings.

- **Goals of Care (Clinical Practice Support/ Library Guide)**
<https://library.nshealth.ca/GoalsofCare>
[note: this website includes links to resources developed for health care providers *and* resources developed for patients and families, including the patient education pamphlets individually linked below]
 - **Talking about your Goals of Care and Levels of Intervention:**
<https://www.nshealth.ca/patient-education-resources/2208>
 - **Nova Scotia Green Sleeve Information for Patients, Families, and Substitute Decision-Makers** <https://www.nshealth.ca/patient-education-resources/1833>
- **Conversations about Serious Illness (Clinical Practice Support/ Library Guide)**
<https://library.nshealth.ca/SeriousIllness>
- **Palliative Care (Clinical Practice Support/ Library Guide)**
<https://library.nshealth.ca/PalliativeCare>